

# **Pterostilbene**

Pterostilbene is a methylated stilbene molecule and has structural similarity with resveratrol (two hydroxyl groups of resveratrol are replaced with methoxy groups). In other words, pterostilbene is a dimethylated derivative of resveratrol and reported more potent in some biological activates. It is also found to be better absorbed and generally known as a 'better resveratrol'. Pterostilbene has been noted to reduce anxiety, blood glucose, blood pressure (diastolic and systolic) in hypercholesterolemic adults, inflammation and serum triglycerides. Its effect on longevity and life extension, memory and learning, different solid tumors and antioxidant activity is well learnt.

Laurus Labs Limited has opted chemical route of manufacturing which also gives highest purity >99% and is equivalent to API quality. This controlled process avoids batch to batch variation therefore suitable for standardized formulations.

Molecular Formula: C<sub>24</sub>H<sub>26</sub>N<sub>4</sub>O<sub>5</sub>

Molecular Weight: 450.49

## **Applications:**

- Nutraceutical/ Dietary supplement

## **Specifications**

DescriptionOff white to light brown of			
Identification (IR)	•		
Identification (HPLC)	Complies		
Loss on drying (%w/w, at 60°C under va	acuum for		
3 hrs)	NMT 1.0		
Residue on ignition (%w/w)	NMT 0.1		
SolubilitySoluble in ethyl acetate, methanol and			
insoluble in water			
Melting Range (°C)Betv	ween 90-96		

H <sub>3</sub> CO	
OCH₃	

## **Elemental Impurities by ICP-MS (PPM)**

Lead	NMT	1.0
Arsenic	NMT	1.0
Cadmium	NMT	1.0
Mercury	NMT	1.0

## Related Substance by HPLC (%Area)

Pterostilbene	NLT 99
Cis Pterostilbene	NMT 0.15
ADPEP-1	NMT 0.15
Methyl impurity	NMT 0.15
Dimer impurity	NMT 0.5
Any unknown major impurity	NMT 0.3
Total impurities	NMT 1.0

## **Microbial Tests**

Total Aerobic Microbial Count	NMT 1000Cfu/g
Yeast and Mould	NMT 100 Cfu/g
Salmonella	Should be absent
Staphylococcus	Should be absent
Escherichia coli	Should be absent
Pseudomonas aeroginosa	Should be absent

Changes in specifications can be discussed.

NMT: Not more than NLT: Not less than





#### **Salient Features**

- Pure product (>99%), Nature identical
- Resveratrol analog but considered more bioavailable
- Unique combination with patented process (Patent No.: US8524782B2)
- Manufactured to FDA standards with consistent quality at a GMP certified facility
- Better pharmacokinetic activity (Cmax and AUC) than Pterostilbene from Pterocarpus extract
- Free from pesticides and no significant heavy metals
- Non-Irradiated, Non-EtO Ingredient

#### Pterostilbene Functions<sup>\*</sup>

- Heart Health
  - maintain healthy systolic and diastolic blood pressure level already with in normal range
- Cognitive Function
  - improve memory & mental focus and reducing stress, anxiety & nervous tension
- Blood Sugar/Weight Management
  - support healthy blood sugar levels by raising the body's production of insulin
- Anti-aging antioxidant
  - fight free radicals caused by oxidative stress
- Sports nutrition
  - support vasodilation and healthy recovery

## Pterostilbene is an effective ingredient supplements meant for

- Anti--aging
- Anti--oxidant/Oxidative Stress
- Memory improvement/Cognitive enhancement
- Sports nutrition
- Heart health
- Blood sugar control

## **New applications**

- Cosmetics (prevention of UV-mediated damage)
- Ingredient blend for the food and beverage

### **Publication**

Jain R. Comparative pharmacokinetics of synthetic and natural pterostilbene. Hamdan Med J 2019;12:242-3



E info@lauruslabs.com

<sup>\*</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.